


















# Elementar Rhythmen

Nr. 9











|              | 1   | +   | 2  | + | 3  | + | 4  | + |
|--------------|---|---|--|---|--|---|--|---|
| rechte Hand  |  |  |  |   |  |   |  |   |
| linke Hand   |   |   |   |   |  |   |   |   |
| rechter Fuss |  |   |  |   |  |   |  |   |
| linker Fuss  |   |   |  |   |  |   |  |   |

Nr. 10












|              | 1   | +   | 2   | + | 3  | + | 4   | + |
|--------------|---|---|---|---|--|---|---|---|
| rechte Hand  |  |  |  |   |  |   |   |   |
| linke Hand   |   |   |  |   |  |   |  |   |
| rechter Fuss |  |   |   |   |  |   |   |   |
| linker Fuss  |   |   |  |   |  |   |  |   |

# Elementar Rhythmen

Nr. 11

|              | 1   | +   | 2  | + | 3  | + | 4  | + |
|--------------|---|---|--|---|--|---|--|---|
| rechte Hand  |  |  |   |   |  |   |  |   |
| linke Hand   |   |   |   |   |  |   |   |   |
| rechter Fuss |  |   |  |   |  |   |  |   |
| linker Fuss  |   |   |  |   |  |   |  |   |

Nr. 12

|              | 1   | +   | 2   | + | 3  | + | 4   | + |
|--------------|---|---|---|---|--|---|---|---|
| rechte Hand  |  |  |  |   |  |   |  |   |
| linke Hand   |   |   |  |   |  |   |  |   |
| rechter Fuss |  |   |   |   |  |   |   |   |
| linker Fuss  |   |   |  |   |  |   |  |   |